



CENTRAL CAMPUS

713-526-2500 | WWW.KRAVMAGAHOUSTON.COM
 2615 SOUTHWEST FREEWAY SUITE 260 HOUSTON, TX 77098

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------|--|---|---|---|---|--|
| Morning | 530A - KRAV ATHLETICS Lilly Room 6A - KM (L1/2) Lilly Room | 6A - MASTER CLASS Lilly Room | 530A - WARRIOR YOGA Simon Room | 6A - MASTER CLASS Lilly Room | 6A - WARRIOR YOGA Simon Room | 730A - MASTER CLASS Simon Room 9A - KRAV ATHLETICS Lilly Room 930A - KM (ALL LEVELS) Lilly Room |
| Mid-day | 1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room | | 11A - ALL STRIKE Lilly Room | 1030A - KRAV ATHLETICS Lilly Room 11A - KM ALL LEVELS Lilly Room | 1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room | |
| Youth | 5P - YOUTH KM (5-8) Lilly Room 545P - YOUTH KM (9+) Lilly Room | 430P - YOUTH KM (5-8) Lilly Room 515P - YOUTH KM (9+) Lilly Room | 5P - YOUTH MP (5-8) Lilly Room 6P - YOUTH MP (9+) Simon Room | 430P - YOUTH KM (5-8) Lilly Room 515P - YOUTH KM (9+) Lilly Room | 445P - TEEN CLASS Lilly Room 530P - KM YOUTH (5-8) Lilly Room 615P - KM YOUTH (9+) Lilly Room | 1030A - YOUTH KM (5-8) Lilly Room 1115A - YOUTH KM (9+) Lilly Room 12P - YOUTH MP (5-8) Lilly Room 1P - YOUTH MP (9+) Lilly Room 2P - JR BLACK BELT Lilly Room |
| Evening | 6P - KRAV ATHLETICS Lilly Room 630P - KM (L1) Lilly Room 745P - KM (L2/3) Lilly Room | 6P - KRAV ATHLETICS Lilly Room 545P - MASTER CLASS Simon Room 630P - KM (L1/2) Lilly Room 745P - ALL STRIKE Lilly Room | 6P - KRAV ATHLETICS Marni Room 630P - KM (L1) Marni Room 630P - KM (L2/3) Lilly Room 745P - KM (L3/4/5) Lilly Room | 545P - MASTER CLASS Simon Room 6P - KRAV ATHLETICS Lilly Room 630P - KM (L1/2) Lilly Room 745P - ALL STRIKE Lilly Room | | |