



## CENTRAL CAMPUS

713-526-2500 | WWW.KRAVMAGAHOUSTON.COM  
2615 SOUTHWEST FREEWAY SUITE 260 HOUSTON, TX 77098

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	<b>530A - KRAV ATHLETICS</b> Lilly Room <b>6A - KM (L1/2)</b> Lilly Room	<b>6A - MASTER CLASS</b> Lilly Room <b>6A - KM (2/3)</b> Lilly Room	<b>530A - WARRIOR YOGA</b> Simon Room	<b>6A - MASTER CLASS</b> Lilly Room	<b>6A - WARRIOR YOGA</b> Simon Room	<b>730A - MASTER CLASS</b> Simon Room <b>9A - KRAV ATHLETICS</b> Lilly Room <b>930A - KM (ALL LEVELS)</b> Lilly Room
Mid-day	<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room			<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room	<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room	
Youth	<b>5P - YOUTH KM (5-8)</b> Lilly Room <b>545P - YOUTH KM (9+)</b> Lilly Room		<b>5P - YOUTH MP (5-8)</b> Lilly Room <b>6P - YOUTH MP (9+)</b> Simon Room	<b>430P - YOUTH KM (5-8)</b> Lilly Room <b>515P - YOUTH KM (9+)</b> Lilly Room	<b>445P - TEEN CLASS</b> Lilly Room <b>530P - KM YOUTH (5-8)</b> Lilly Room <b>615P - KM YOUTH (9+)</b> Lilly Room	<b>1030A - YOUTH KM (5-8)</b> Lilly Room <b>1115A - YOUTH KM (9+)</b> Lilly Room <b>12P - YOUTH MP (5-8)</b> Lilly Room <b>1P - YOUTH MP (9+)</b> Lilly Room <b>2P - JR BLACK BELT</b> Lilly Room
Evening	<b>6P - KRAV ATHLETICS</b> Lilly Room <b>630P - KM (L1)</b> Lilly Room <b>745P - KM (L2/3)</b> Lilly Room <b>745P - COMBATIVES</b> Marni Room	<b>6P - KRAV ATHLETICS</b> Lilly Room <b>545P - MASTER CLASS</b> Simon Room <b>630P - KM (L1/2)</b> Lilly Room <b>745P - HEAVY BAG</b> Lilly Room	<b>6P - KRAV ATHLETICS</b> Marni Room <b>630P - KM (L1)</b> Marni Room <b>630P - KM (L2/3)</b> Lilly Room <b>745P - KM (L3/4/5)</b> Lilly Room <b>745P - WARRIOR YOGA</b> Simon Room	<b>545P - MASTER CLASS</b> Simon Room <b>6P - KRAV ATHLETICS</b> Lilly Room <b>630P - KM (L1/2)</b> Lilly Room <b>745P - COMBATIVES</b> Lilly Room		