



CENTRAL CAMPUS

713-526-2500 | WWW.KRAVMAGAHOUSTON.COM
 2615 SOUTHWEST FREEWAY SUITE 260 HOUSTON, TX 77098

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	6A - KM (L1/2) Lilly Room	6A - MASTER CLASS Lilly Room	530A - WARRIOR YOGA Simon Room	6A - MASTER CLASS Lilly Room	6A - WARRIOR YOGA Simon Room	730A - MASTER CLASS Simon Room 9A - KRAV ATHLETICS Lilly Room 930A - KM (L1) Lilly Room
Mid-day	1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room			1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room	1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room	
Youth	5P - YOUTH KM (5-8) Lilly Room 545P - YOUTH KM (9+) Lilly Room		5P - YOUTH MP (5-8) Lilly Room 6P - YOUTH MP (9+) Lilly Room	430P - YOUTH KM (5-8) Lilly Room 515P - YOUTH KM (9+) Lilly Room	445P - TEEN CLASS Lilly Room 530P - KM YOUTH (5-8) Lilly Room 615P - KM YOUTH (9+) Lilly Room	1030A - YOUTH KM (5-8) Lilly Room 1115A - YOUTH KM (9+) Lilly Room 12P - YOUTH MP (5-8) Lilly Room 1P - YOUTH MP (9+) Lilly Room 2P - JR BLACK BELT Lilly Room
Evening	6P - KRAV ATHLETICS Lilly Room 630P - KM (L1) Lilly Room 745P - COMBATIVES Lilly Room	6P - KRAV ATHLETICS Lilly Room 545P - MASTER CLASS Simon Room 630P - KM (L1/2) Lilly Room 745P - WARRIOR YOGA Simon Room 745P - HEAVY BAG Lilly Room	6P - KRAV ATHLETICS Marni Room 630P - KM (L1/2) Marni Room 745P - KM (L2/3) Lilly Room	545P - MASTER CLASS Simon Room 6P - KRAV ATHLETICS Lilly Room 630P - KM (L1/2) Lilly Room 745P - COMBATIVES Lilly Room		