



## CENTRAL CAMPUS

713-526-2500 | [WWW.KRAVMAGAHOUSTON.COM](http://WWW.KRAVMAGAHOUSTON.COM)  
 2615 SOUTHWEST FREEWAY SUITE 260 HOUSTON, TX 77098

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	<b>6A - KM (L1/2)</b> Lilly Room <b>7A - KM (ONLINE)</b> Online Zoom Class	<b>7A - KM (ONLINE)</b> Online Zoom Class <b>6A - MASTER CLASS</b> Lilly Room	<b>530A - WARRIOR YOGA</b> Imi Room	<b>7A - KM (ONLINE)</b> Online Zoom Class <b>6A - MASTER CLASS</b> Lilly Room		<b>9A - KRAV ATHLETICS</b> Lily Room <b>930A - KM (L1)</b> Lilly Room <b>10A - WARRIOR YOGA</b> Imi Room
Mid-day	<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room	<b>11A - MASTER CLASS</b> Lilly Room	<b>11A - MASTER CLASS</b> Lilly Room	<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room	<b>1030A - KRAV ATHLETICS</b> Lilly Room <b>11A - KM (L1/2)</b> Lilly Room	
Youth	<b>5P - YOUTH KM (5-8)</b> Lilly Room <b>545P - YOUTH KM (9-12)</b> Lilly Room	<b>5P - YOUTH MP (ONLINE)</b> Online Zoom Class. Invitation Only.	<b>5P - YOUTH MP (5-8)</b> Lilly Room <b>6P - YOUTH MP (9-12)</b> Lilly Room	<b>430P - YOUTH KM (5-8)</b> Lilly Room <b>5P - YOUTH KM (ONLINE)</b> Online Zoom Class <b>515P - YOUTH KM (9-12)</b> Lilly Room	<b>445P - TEEN CLASS</b> Lilly Room <b>5P - YOUTH KM (ONLINE)</b> Online Zoom Class <b>530P - KM YOUTH (5-8)</b> Lilly Room <b>615P - KM YOUTH (9-12)</b> Lilly Room	<b>12P - YOUTH MP (5-8)</b> Imi Room <b>1P - YOUTH MP (9-12)</b> Lilly Room <b>2P - YOUTH MP (TEENS)</b> Imi Room <b>3P - JR BLACK BELT</b> Lilly Room. JR Black Belt Training Only.
Evening	<b>6P - WARRIOR YOGA</b> Imi Room <b>6P - KRAV ATHLETICS</b> Lilly Room <b>630P - KM (L1)</b> Lilly Room <b>745P - COMBATIVES</b> Lilly Room	<b>6P - KRAV ATHLETICS</b> Lilly Room <b>6P - MASTER CLASS</b> Imi Room <b>630P - KM (L1/2)</b> Lilly Room <b>745P - WARRIOR YOGA</b> Imi Room <b>745P - HEAVY BAG</b> Lilly Room	<b>6P - KRAV ATHLETICS</b> Marni Room <b>630P - KM (L1/2)</b> Marni Room <b>745P - KM (L2/3)</b> Lilly Room	<b>6P - KRAV ATHLETICS</b> Lilly Room <b>630P - KM (L1/2)</b> Lilly Room <b>745P - COMBATIVES</b> Lilly Room		

COVID19 - MODIFIED SCHEDULE.

PLEASE CONTACT THE FACILITY TO ENSURE YOU HAVE ALL REQUIRED SAFETY ITEMS TO ATTEND CLASSES.