



CENTRAL CAMPUS

713-526-2500 | WWW.KRAVMAGAHOUSTON.COM
 2615 SOUTHWEST FREEWAY SUITE 260 HOUSTON, TX 77098

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	7A - KM (ONLINE) Online Zoom Class	7A - KM (ONLINE) Online Zoom Class	7A - WARRIOR YOGA (ONLINE) Online Zoom Class	7A - KM (ONLINE) Online Zoom Class		9A - ATHLETICS (ONLINE) Online Zoom Class 930A - KM (L1) Lilly Room 10A - WARRIOR YOGA Imi Room
Mid-day	1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room		11A - MASTER CLASS Lilly Room	1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room	1030A - KRAV ATHLETICS Lilly Room 11A - KM (L1/2) Lilly Room	
Youth	5P - YOUTH KM (ONLINE) Online Zoom Class	5P - YOUTH MP (ONLINE) Online Zoom Class. Invitation Only.	5P - YOUTH MP (ONLINE) Online Zoom Class	5P - YOUTH KM (ONLINE) Online Zoom Class	445P - TEEN CLASS Lilly Room 5P - YOUTH KM (ONLINE) Online Zoom Class 530P - KM YOUTH (5-8) Lilly Room 615P - KM YOUTH (9-12) Lilly Room	2P - YOUTH MP Lilly Room 3P - JR BLACK BELT Lilly Room. JR Black Belt Training Only.
Evening	6P - KRAV ATHLETICS Lilly Room 630P - KM (L1) Lilly Room	6P - KRAV ATHLETICS Lilly Room 6P - MASTER CLASS Imi Room 630P - KM (L1/2) Lilly Room 745P - WARRIOR YOGA Imi Room 745P - HEAVY BAG Lilly Room	6P - KRAV ATHLETICS Lilly Room 630P - KM (L1/2) Lilly Room	6P - KRAV ATHLETICS Lilly Room 630P - KM (L1/2) Lilly Room		

COVID19 - MODIFIED SCHEDULE.

PLEASE CONTACT THE FACILITY TO ENSURE YOU HAVE ALL REQUIRED SAFETY ITEMS TO ATTEND CLASSES.