



NORTH CAMPUS

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	<p>5A - CROSSFIT</p> <p>525A - KRAV ATHLETICS</p> <p>6A - KM (L1)</p> <p>8A - CROSSFIT</p>	<p>5A - CROSSFIT</p> <p>515A - KM (L1)</p> <p>630A - KRAV ATHLETICS</p> <p>8A - CROSSFIT</p>	<p>5A - CROSSFIT</p> <p>515A - KRAV ATHLETICS</p> <p>6A - KM (L1)</p> <p>8A - CROSSFIT</p>	<p>5A - CROSSFIT</p> <p>515A - KM (L1)</p> <p>630A - KRAV ATHLETICS</p> <p>8A - CROSSFIT</p>	<p>5A - CROSSFIT</p> <p>515A - KRAV ATHLETICS</p> <p>6A - KM (ALL LEVELS)</p> <p>8A - CROSSFIT</p>	<p>9A - ELEMENTS</p> <p>10A - CF (OPEN GYM)</p> <p>1015A - KM (ALL LEVELS)</p>
Mid-day	<p>1115A - KRAV ATHLETICS</p> <p>1145A - CROSSFIT</p>	<p>11A - KM (L2/3)</p> <p>1145A - CROSSFIT</p> <p>1215P - KRAV ATHLETICS</p>	<p>1030A - KM (ALL LEVELS)</p> <p>1145A - KRAV ATHLETICS</p> <p>1145A - CROSSFIT</p>	<p>1120A - KRAV ATHLETICS</p> <p>1145A - CROSSFIT</p> <p>12P - KM (L1)</p>	<p>1030A - KM (L1)</p> <p>1145A - KRAV ATHLETICS</p> <p>1145A - CROSSFIT</p>	
Youth	<p>545P - YOUTH KM (5-8)</p>	<p>545P - YOUTH KM (9-12)</p>	<p>545P - YOUTH KM (5-8)</p>	<p>545P - YOUTH KM (9-12)</p>		<p>1125A - YOUTH KM (5-8)</p> <p>1220P - YOUTH KM (9-12)</p>
Evening	<p>430P - CF (OPEN GYM)</p> <p>530P - CROSSFIT</p> <p>545P - KRAV ATHLETICS</p> <p>6P - ELEMENTS</p> <p>645P - KM (L1)</p> <p>645P - CROSSFIT</p>	<p>430P - CROSSFIT</p> <p>530P - CROSSFIT</p> <p>545P - KRAV ATHLETICS</p> <p>6P - KM (L1)</p> <p>6P - ELEMENTS</p> <p>645P - CROSSFIT</p> <p>715P - KM (L2/3)</p>	<p>430P - CF (OPEN GYM)</p> <p>530P - CROSSFIT</p> <p>545P - KRAV ATHLETICS</p> <p>6PM - KM (L2/3)</p> <p>6P - ELEMENTS</p> <p>645P - CROSSFIT</p> <p>715P - KM (L1)</p>	<p>430P - CROSSFIT</p> <p>530P - CROSSFIT</p> <p>545P - KRAV ATHLETICS</p> <p>645P - KM (ALL LEVELS)</p> <p>645P - CROSSFIT</p>	<p>430P - CROSSFIT</p> <p>530P - CROSSFIT</p> <p>6P - KRAV ATHLETICS</p>	