



# KRAV MAGA OFFICIAL TRAINING CENTER

## WEST CAMPUS SCHEDULE

20702 Katy Freeway  
Katy, TX 77449  
832-776-9435  
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www.kravmagahouston.com

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
		<b>Krav Athletics</b> 5:30A-6A Alpha Room				<b>Krav Athletics</b> 5:30A-6A Alpha Room						
		<b>KM 1</b> 6A-7A Alpha Room				<b>KM 1</b> 6A-7A Alpha Room						
<b>Krav Athletics</b> 10:30 - 11A Alpha Room				<b>Krav Athletics</b> 10:30 - 11A Alpha Room				<b>Krav Athletics</b> 10:30 - 11A Alpha Room		<b>Krav Athletics</b> 10:30-11A Alpha Room	<b>KMH Youth 5-8yr</b> 10:30-11:15A Bravo Room	
<b>KM 1/2</b> 11 - 12P Alpha Room		<b>Combatives</b> 11-12P Alpha Room		<b>KM 1/2</b> 11 - 12P Alpha Room		<b>Combatives</b> 11-12P Alpha Room		<b>KM 1/2</b> 11 - 12P Alpha Room		<b>KM 1</b> 11A-12P Alpha Room	<b>KMH Youth 9yr+</b> 11:15A -12P Bravo Room	
						<b>Youth Combatives Ages 9+</b> 5-6P Bravo Room		<b>Home School Youth Class</b> 1-2PM Bravo Room				
<b>Krav Athletics</b> 6:00-6:30P Alpha Room	<b>KMH Youth 5-8yr</b> 6:00-6:45p Bravo Room	<b>Krav Athletics</b> 6:00-6:30P Alpha Room	<b>KM 2/3</b> 6:30P-7:30P Alpha Room	<b>Krav Athletics</b> 6:00-6:30P Alpha Room	<b>KMH Youth 5-8yr</b> 6:00-6:45p Bravo Room							
<b>KM 1</b> 6:30P-7:30P Alpha Room	<b>KMH Youth 9yr+</b> 6:45-7:30p Bravo Room	<b>Combatives</b> 7:30-8:15P		<b>KM 1</b> 6:30P-7:30P Alpha Room	<b>KMH Youth 9yr+</b> 6:45-7:30p Bravo Room	<b>Krav Athletics</b> 6:00-6:30p Bravo Room	<b>KM 1</b> 6:30P-7:30P	<b>Combatives</b> 7:30-8:15P				
				<b>Teen Class 13-17 yr</b> 7:30-8:15p Bravo Room	<b>7:30-8:15p</b> Bravo Room							

### Krav Athletics

\* Krav Athletics is a high intensity class designed to improve all 10 domains of fitness

### KMH Youth

\* KMH Youth- Self Defense classes for kids ages 5 and up

### \* KM 2/3

\* Krav Maga levels 2 and 3 - Must have successfully completed level 1 exam

\*schedule is subject to change